

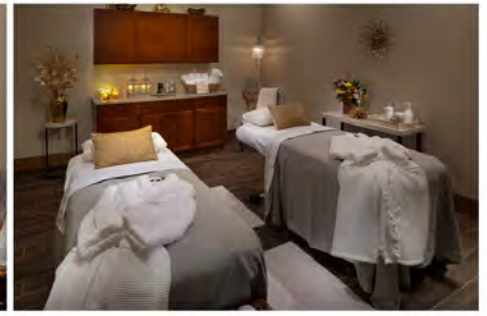


THE JL BAR RANCH, RESORT & SPA



The Spa at JL Bar

Our goal is to provide a world-class spa experience for all of our guests, whether they are staying on property or visiting for the day. We strive to create a place where beauty, comfort, knowledge, and personalized attention, combine to create a totally memorable and rejuvenating experience. Relax and unwind at The Spa at JL Bar with a luxurious therapeutic treatment. To ensure a level of personalized service that is unmatched, our highly trained spa technicians are attentive to your specific requests and concerns.



Massage Services



Swedish Massage

Traditional Swedish relaxation massage. This treatment uses light to medium pressure, allowing the body to rest. Relaxation and restoration are the goal.

60 min/90 min ✂ \$150/\$200

Hot Stone Massage

Using hot stones deep muscle tissue is targeted for relaxation in this treatment. The result is deeper relaxation of the muscle tissue.

60 min/90 min ✂ \$150/\$200

Deep Tissue Massage

Along with Swedish Massage, deep tissue, trigger point therapy and heavy pressure are combined to create a deeply relaxing massage.

60 min/90 min ✂ \$150/\$200

Therapeutic Massage

Designed to help what ails you, this technique combines several massage modalities to relieve pain in specific areas, as well as help control chronic pain.

60 min/90 min ✂ \$150/\$200

Prenatal Massage

For the mommy to be and baby on board, this massage is designed to help mommy and baby rest. Smooth, even pressured strokes are used to assist in issues that occur during pregnancy.

60 min ✂ \$150

Couples Massage

Intimacy on a different level, this simultaneous treatment side by side each other is sublime sharing energy while two therapists work in tandem to create a space just for the two of you to relax.

60 min/90 min ✂ \$300/\$400

Body Treatments



Shirodhara Treatment

This encompassing ancient treatment is deeply calming to the entire nervous system. The flowing oil of the Shirodhara on scalp and body eases stress, melts tension and quiets the mind.

60 min ✂ \$155

Deep Relaxation Treatment

This treatment is designed to help relax deep muscle tension and re-train the tissues of the body to respond to rest. Incorporating breathing, meditation, aromatherapy, energy sweeping and light touch massage techniques, this treatment leaves you floating through the rest of your day.

60 min ✂ \$150

Salt Scrub

Deeply detoxifying, this treatment includes a dry brushing of the body followed by a hand-mixed salt glow rub. After a long rinse in the shower a Swedish massage, scented the same as the scrub, is administered.

75 min ✂ \$185

Sugar Scrub

Moisturizing and renewing, this treatment polishes the skin and promotes new cell regeneration. A dry brushing is used to prepare the skin for the hand-mixed sugar scrub. A long shower rinse followed by a deep moisturizing Swedish massage, leaves you glowing, energized and renewed.

75 min ✂ \$185



THE JL BAR RANCH, RESORT & SPA

3500 Private Road 2254 | Sonora, TX 76950 | (855) 414-3337 | www.jlbar.com

the spa

AT JL BAR

Packages



Half-Day Retreat

Spend ½ a day in our Spa. Choose from the 60-minute massages, hand or foot treatments and facials. Includes a light lunch.

4.5 hours *L* \$400

Spirit Renewal Retreat

Begin your visit with our special Sage Cleansing Ritual followed by our Deep Relaxation Massage, using the Kanza Wand and the Indian Balancing Bowl, then reconnect to your inner-self with our Shirodhara service. A truly spiritual experience.

3 hours *L* \$350

Couples Retreat

Begin your retreat together with our Signature Foot Treatment followed by 90 minute side-be-side Couple's Massages. End your retreat with either a Chakra Balancing Chiming or Sage Clearing. Includes a light lunch.

4 hours *L* \$625



THE JL BAR RANCH, RESORT & SPA

3500 Private Road 2254 | Sonora, TX 76950 | (855) 414-3337 | www.jlbar.com

the spa

AT JL BAR

Facials

Signature Rejuvenation Facial

JL Bar's luxurious facial that focuses on deep cleaning, exfoliating & relaxing tired facial muscles with specialized massage. Finished off with a custom masque, this facial leaves the skin renewed.

60 min ✂ \$150

Mineral Oxygen Facial

This ultra-luxurious, red carpet ready facial delivers incredible results using a blend of Oxygen, plant derived stem cells, peptides & concentrated enzymatic botanicals that offers immediate results.

60 min ✂ \$150

Deep Cleansing Facial

For problematic or acneic skin, this facial incorporates gentle product used to bring problems to the service for treatment. Products from our chosen, in-house facial line, ANDA, truly offers a healing experience.

60 min ✂ \$150

Refreshing Uplifting Facial

This quick refresher focuses on cleansing, exfoliating & brightening. Perfect for young skin, first-time facials or wedding party prepping!

35 min ✂ \$80

Restful Eye Treatment

Rest weary eyes, relieve stress lines and lessen puffiness around the eyes, using Ayurvedic oil and our kanza wand.

25 min ✂ \$60

Lip Renewal Treatment

Softens lips and revives fine lines using exfoliation, Ayurvedic Oils and our kanza wand.

25 min ✂ \$60

Hand & Foot Treatments

Hand Treatment

Hands are wrapped in steamed towels, exfoliated and moisturized followed by a hand and arm massage. Cuticles are treated and nails buffed to a high shine.

45 min ✂ \$75

Foot Treatment

Feet are soaked in warm water, exfoliated and moisturized followed by a foot massage. Cuticles are treated and nails buffed to a high shine.

45 minutes ✂ \$95



THE JL BAR RANCH, RESORT & SPA

3500 Private Road 2254 | Sonora, TX 76950 | (855) 414-3337 | www.jlbar.com

the spa

AT JL BAR

Lash & Brow

Lash Lift

The Spa's signature lash treatment. Open your eyes with this non-invasive lash treatment. This technique gives your lashes a natural & perfect curl while adding volume. No maintenance required to maintain the curl for up to 12 weeks!

75 min *✂* \$95

Lash Tint

Add color and volume to your lashes using top shelf product.

30 min *✂* \$45

Brow Shaping

Allow our talented & experienced Esthetician to professionally shape your brow according to the shape of your bone structure.

30 min *✂* \$45

Brow Tint

Darken your brows for a dramatic frame to your gorgeous eyes.

30 min *✂* \$45

Henna Brow

Natural eyebrow tinting with tattoo effect on the skin. This service will stay on the hair for up to 6 weeks! No ammonia, lead or peroxide. Vegan and cruelty free. Contains proteins, vitamins & antioxidants to promote hair growth.

60 min *✂* \$75

Body & Facial Waxing

Brows	\$30	Stomach	\$40
Lip	\$25	Bikini, basic	\$40
Chin	\$35	Bikini, modified	\$55
Full Face	\$55 *	Brazilian	\$80
Arms	½ \$40 / full \$65		
Underarms	\$40		
Legs	½ \$50 / full \$100		

*includes brows, lip, chin & sideburns or jawline

Men's Body & Facial Waxing

Brows	\$30	Back	\$70
Abdomen	\$50	Underarms	\$40
Arms	½ \$40 / full \$65		
Legs	½ \$55 / full \$110		
Chest	\$75 (collar bones to hip bones)		



Add-Ons

Kanza Wand – add to any massage or facial. The Kanza wand balances, evens and soothes. Great for balancing heat and fine lines in the face. \$30

Indian Balancing Bowl – Ancient artform for creating a bowl made of three different metals, this bowl enhances any service. Used on the hands and feet, it balances the heat in the body caused by inflammation. \$30

Sage Cleansing – A ceremony to call in the 4 Cardinal Directions, this ritual cleanses and protects the Spirit in you. \$30

Chakra Chimes – Using very old, Chinese Chime Cups, your chakras are rung and balanced. Very soothing to the spirit, mind and body. \$30