THE SPA AT JL BAR

Our goal is to provide a relaxing spa experience for all our guests, whether they are staying on property or visiting for the day.

We strive to create a place where beauty, comfort, knowledge, and personalized attention combine to create a totally memorable and rejuvenating experience.

Relax and unwind at The Spa at JL Bar with one of our soothing spa treatments.

To ensure a level of personalized service, our trained providers are attentive to your specific requests and concerns.

SPA POLICIES AND FAQ

When is the spa open?

We are open Wednesday-Sunday for spa services. Because we are flexible regarding booking times, hours may vary based on service requests.

Do I need an appointment?

To ensure that your request can be accommodated, it is recommended that you schedule your spa appointments at least two weeks prior to your arrival.

Appointments may be requested through the JL Bar Spa website, emailing the spa at spa guestservices@jlbar.com or by calling us at 855-414-3337, option 2. If you are on the property, please dial extension 116 from your room.

If you receive our voicemail, please leave a detailed message and someone will reach out to you.

How early should I arrive for my appointment?

Please arrive no earlier than 15 minutes prior to the start time to fill out paperwork and have your intake with your provider. Please know that if the service provider is in session, your paperwork will be on the counter. Please have a seat in our waiting area and someone will be with you soon.

Courtesy

While in The Spa, we kindly ask that you silence your cell phone or other electronics.

Are there any service charges?

All spa services will incur a 20% service charge that is paid to your provider.

What is your cancellation policy?

We have a 48-hour cancellation policy. Appointments cancelled within that time frame, as well as all no-shows, will be charged the full price of services including a 20% service charge. Please contact the spa as soon as possible if you will not make your service time.

Do you offer amenities like a sauna or steam room?

No, we do not offer these amenities. The resort does have a hot tub and pool that is located at the main lodge for you to enjoy before or after your service.

Do you offer massage for couples?

Currently, the Enchanted Stone massage is the only service available for couples. Please see the menu for the full description.

Health Conditions

If you have special health or medical conditions, please inform us upon booking your appointment so that we can provide you with the proper care.

Do you allow children?

We have services available for children under the age of 18 to enjoy. A Minor Consent form will need to be filled out and a parent or guardian must be present.

Do you have availability for group parties?

Yes! Our private relaxation room is available to spa guests who want to have a private party, get – together, or meeting for up to 8 people. Please call the spa for pricing.

MASSAGES

JL SIGNATURE MASSAGE

A light to medium pressure massage designed to increase circulation in the body and promote relaxation. This relaxing massage offers gentle manipulation of the muscles designed to reduce stress and fatigue.

50 min/80 min/110 min \$175/\$260/\$340

SONORAN MASSAGE

Focus on those overworked muscles well below the surface. This massage is perfect for working out knots and relaxing stubborn muscle tensions. Recommended for those who regularly receive massage and enjoy deeper bodywork.

50min/80 min/110 min \$195/\$280/\$360

CACTUS BLOOM

Our prenatal massage is created to provide complete comfort and safety for both mommy and baby. This nurturing massage applies techniques designed to reduce common discomforts, soothe the nervous system, and improve overall wellness for expectant mothers.

50 min/\$270 min/110 min \$185/\$270/\$350

ENCHANTED STONE MASSAGE

This hot stone massage relaxes stiff and sore muscles. Warmth from stones promotes deep relaxation and alleviates muscle tensions.

50 min/80 min/110 min \$185/\$270/\$350

CUPPING

Cupping therapy is an ancient form of alternative medicine. People get if for many reasons such as pain and inflammation relief, relaxation and well being as a type of deep tissue massage. Can be added to any massage.

50 min/80 min/110 min \$185/\$270/\$350

CBD

Our CBD lotion is made from full spectrum hemp extract that is lab tested to ensure the highest quality. Add to any massage.

50 min/80 min/110 min \$195/\$280/\$360

THAI MASSAGE

A table Thai massage is a series of yoga like stretches, compressions, rocking and acupressure that the therapist performs on the client. Benefits of the Thai massage includes relaxation, rejuvenation, improves flexibility, soothed nervous system, and balanced body energy. Can be added to any massage.

50 min/80 min/110 min \$185/\$270/\$350

REFLEXOLOGY

Reflexology is a type of massage that involves applying gentle pressure to specific points on the hands, feet and ears. It is a natural and effective way to ease stress, anxiety and promote relaxation. Available for children.

30 min/50 min \$110/\$185

CRANIAL MASSAGE

This custom treatment provides deep relaxation, eases headaches, releases tension, and calms, soothes, and enhances your well-being. Available for adults and children.

30 min \$110

HOT AGRAN OIL

Agran oil is called a magical oil for a good reason. Using this oil while getting a massage has tons of benefits for your skin and health. Benefits include, but are not limited to skin hydration, minimized inflammation, soothing body muscles and improved blood circulation.

50 min/80 min/110 min \$185/\$270/\$350

COUPLES ENCHANTED STONE MASSAGE

Indulge in a relaxing intimate 110-minute couples hot stone, the perfect way to relax next to your sweetie and let all of your stress melt away.

110 min \$620

MINI MASSAGE A mini massage designed to work on one area of concern.

30 min \$115

BODY TREATMENTS

TEXAS HILL COUNTRY WRAP

Feel the warmth of the Texas Hill Country with this luxurious body wrap. Begin with a light dry brushing followed by a moisturizing application of the goat milk lotion of your choice and then be wrapped in a toasty sauna blanket.

50 min \$165

PEACH SUGAR SCRUB

Delight yourself in the aroma of a sweet Texas peach! This invigorating body treatment starts with a peach body scrub followed by a hot shower. After your shower, you will receive a massage with peach goat milk lotion.

50 min \$155

MUDDING WRAP

Inspired by your off-roading adventures, this luxurious mud wrap begins with alight dry brushing followed by a dead sea mud application mixed with a blend of chamomile and marigold. Be wrapped and rocked for the ultimate relaxation and then rinse off in a hot shower.

50 min \$165

BACK TREATMENT

Our back treatments cleanses and hydrates hard to reach spots. We begin with a cleanse, warm towels, and exfoliation to remove any dead skin and surface buildup. Revitalize your back with gentle touch therapy and hydrating mask application.

50 min \$155

FOOT TREATMENT

Kick off your boots and relax in our massage chair while we pamper your feet and calves with a hot soak, scrub, and massage with essential oil of your choice. Your feet are then wrapped in warm paraffin booties while you relax with a warm neck pack.

30 min \$135

HAND TREATMENT

Pamper your hands and arms with dry brushing followed by an aromatherapy massage. Your hands are then wrapped in warm paraffin mittens while you relax with a warm neck and eye pack and aromatherapy of your choice.

30 min \$135

ENHANCEMENTS

PAIN RELIEF! ~ \$15

Relieve pain from sore muscles and muscle spasms, back, shoulder, and neck pain, arthritis, painful ankle, knee, hip and elbow joints, and muscle strains. Add to any spa service.

DRY BRUSHING ~ \$15

Add this soothing experience to your spa service to exfoliate dry skin cells prior to your massage. Add to any spa service.

ENCHANTED ROCK ~ \$20

Warm up or cool down with our Enchanted Rock upgrade. Add hot or cold stones to relax or invigorate tired muscles. Add to any spa service.

CBD ~ \$30

We only use the finest CBD products. Our CBD lotion is made from full spectrum hemp extract that is lab tested to ensure the highest quality. Add to any massage service.

ARCHER'S NEST SERVICES

Spa services are available to Archers Nest guests. Please call the spa to discuss services.