

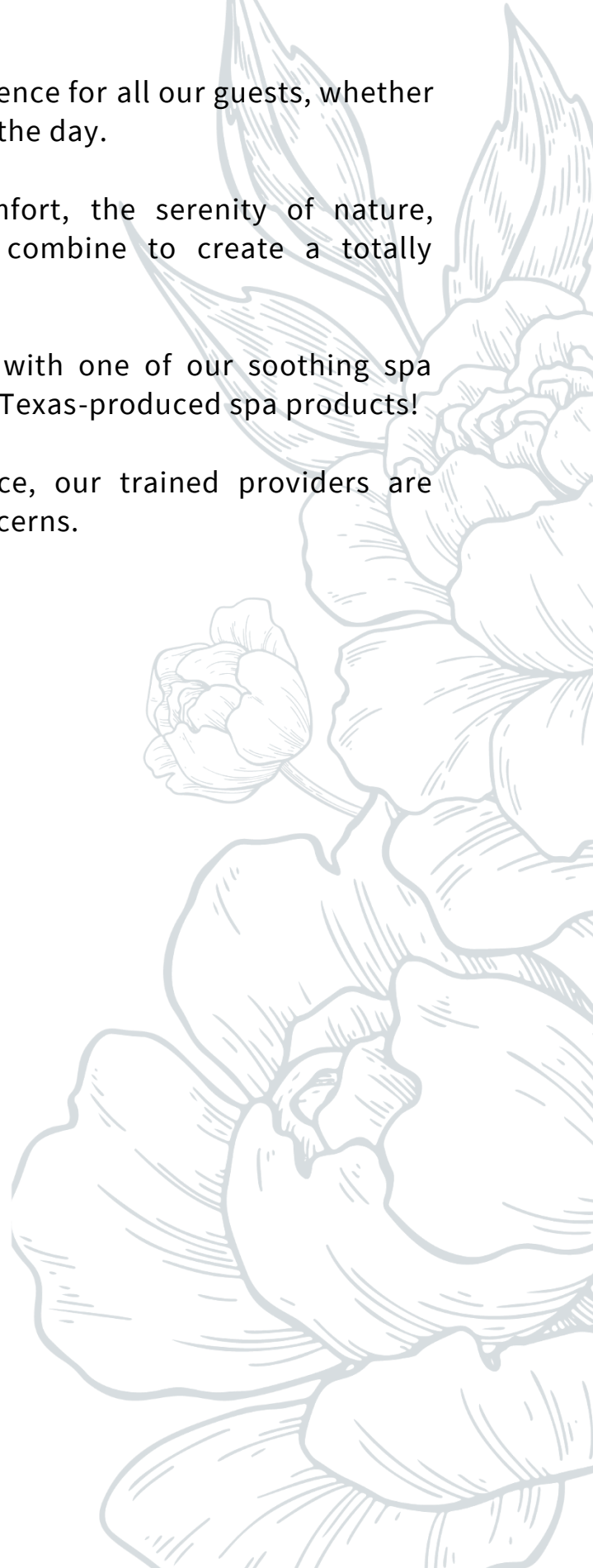
# THE SPA AT JL BAR

Our goal is to provide a relaxing spa experience for all our guests, whether they are staying on property or visiting for the day.

We strive to create a place where comfort, the serenity of nature, knowledge, and personalized attention combine to create a totally memorable and rejuvenating experience.

Relax and unwind at The Spa at JL Bar with one of our soothing spa treatments. We love using locally sourced, Texas-produced spa products!

To ensure a level of personalized service, our trained providers are attentive to your specific requests and concerns.



## SPA POLICIES AND FAQ

### **When is the spa open?**

Generally, our provider sees clients from 9am-6pm, during your days of stay. If these times do not work for you, please contact our Spa Manager at 325-213-4228.

### **Do I need an appointment?**

Yes, it is highly recommended that you schedule your spa appointments at least two weeks prior to your arrival. Same day appointments are unavailable unless our provider is already onsite. Due to our remote location, it is of the utmost importance to us that we are able to accommodate your needs. This requires preparation and planning on our end, so that we are best able to serve you.

Appointments may be requested by emailing the spa at [spa\\_guestservices@jlbar.com](mailto:spa_guestservices@jlbar.com) or by calling our Spa Manager at 325-214-4228. If you receive our voicemail, please leave a detailed message and someone will reach out to you.

**How early should I arrive for my appointment?** Please arrive no earlier than 10 minutes prior to the start time to fill out paperwork and complete intake with your provider. Please know that if your service provider is in session, your paperwork will be on the counter. Please have a seat in our waiting area and someone will be with you soon.

### **Courtesy**

While in The Spa, we kindly ask that you silence your cell phone or other electronic devices.

### **Are there any service charges?**

All spa services will incur a 20% service charge that is paid to your provider.

### **What is your cancellation policy?**

We have a 48-hour cancellation policy. Appointments cancelled within that time frame, as well as all no-shows, will be charged the full price of services including a 20% service charge. Please contact the spa as soon as possible if you will not make your service time.

### **Do you offer amenities like a sauna or steam room?**

We do not have a sauna or a steam room. The resort does have a hot tub and pool that is located at the main lodge for you to enjoy before or after your service.

### **Do you offer massages for couples?**

Due to our remote location and availability of staff, we are only able to provide couples' massages during special events when multiple providers are available. If this pertains to you, please contact our Spa Manager at 325-213-4228.

### **Health Conditions**

If you have special health, medical conditions or allergies, please inform us upon booking your appointment so that we can provide you with proper care.

### **Do you allow children?**

We have services available for children under the age of 18 to enjoy. A Minor Consent form will need to be filled out and a parent or guardian must be present.

### **Do you offer services to off property guests?**

Yes. However, as a courtesy to our guests staying at The JL Bar Resort, they will be given priority to these services. Also, there will be a deposit taken at the time of booking.

# THE SPA AT JL BAR

## *Seasonal Spa Menu*

***Spring/Summer 2026***

### **Lime in the Coconut Leg Scrub**

Pure cane sugar and coconut shell powder act as natural buffers to reveal a dewy glow! Rinse off in our shower, then come back to the treatment room for an application of lime-oil infused raw mango butter.

30min \$135

### **Peaches & Cream Body Polish**

From FarmHouse Fresh out of McKinney, TX~ Sweet Cream Fine Sea Salt Body Polish gently and thoroughly buffs away dry skin with a warm, buttery-sweet scent. After your scrub and a shower, you'll receive a massage with Fredericksburg Farms Juicy Peach goat milk lotion.

50min \$215

### **Frozen Blood Orange GlowRita Body Polish**

From Farmhouse Fresh out of McKinney, TX, this spirited exfoliator is blended with Pantalones Organic Tequila & Paula's Texas Orange Liqueur. After your scrub and a hot shower, you'll receive an ice globe face massage, a short massage with Clementine Body Oil and an application of Sugar Moon Dip Ageless Body Mousse~with hints of sugary orange and vanilla. A true Texas treat!

60min \$245

## MASSAGES

### JL SIGNATURE MASSAGE

-relax & unwind-  
Light to medium pressure with compressions, gliding strokes and the intent of calm. Includes our proprietary blend of jojoba oil, prickly pear seed oil and Texas Hill Country-sourced lavender and cedar essential oils.

50 min/80 min/110 min  
\$195/\$270/\$350

### INTEGRATIVE THERAPEUTIC DEEP TISSUE

-focused & tailored-  
Choose 1-3 areas of the body that need relief from chronic tension. Multiple modalities are blended to achieve results. Recommended for those who regularly receive massage. Includes our proprietary blend of jojoba oil, prickly pear seed oil and Texas Hill Country-sourced lavender and cedar essential oils.

20 min/50min/80 min/110 min  
\$115/\$215/\$290/\$370

### ENCHANTED STONE MASSAGE

-a modern take on traditional hot stone-  
A combination of traditional heated basalt stones, contoured ceramic Synergy Stones and silky, cylindrical soapstone CoreStones. Soothe aches with radiant warmth and choose where you need it most!

20 min/50 min/80 min/110 min  
\$115/\$215/\$290/\$370

### PRENATAL MASSAGE

-comfort is the priority-  
Your choice of being positioned on your side and supported by pillows or using a "cut out" pregnancy bolster. This session can be adjusted and customized to meet your changing needs and preferences.

50 min/80 min  
\$195/\$270

### HEAD, HANDS & FEET

-central nervous system reset-  
Combines light massage, Reiki, Craniosacral therapy and acupressure along with comforting compressions. You can remain fully clothed. Available for adults and children. Please arrive with loose hair.

30min  
\$125

### CRANIAL MASSAGE

-relieve tension, great for headache sufferers-  
Warm rosemary castor oil scalp massage combined with contrasting warm and cool jade and mahogany tools. Please arrive with loose hair. Available for adults and children.

30 min  
\$135

## ENHANCEMENTS \$30 each

**HOT STONES - COLD STONE FACE MASSAGE - CBD CUPPING - MUSCLE SCRAPING - DRY BRUSHING ARGAN OIL (instead of our proprietary blend) PARAFFIN MITTENS - PARAFFIN BOOTIES**

## BODY TREATMENTS

### TEXAS HILL COUNTRY WRAP

Feel the warmth of the Texas Hill Country with this luxurious body wrap. Begin with a relaxing, light dry brushing to stimulate lymphatic flow followed by a moisturizing application of the goat milk lotion of your choice and then get tucked into a toasty sauna blanket.

50 min \$195

### BACK TREATMENT

Allow us to take care of this hard-to-reach area! We begin with Cactus Pear Balancing Gel Cleanser from FarmHouse Fresh out of McKinney, TX followed with warm towels and an exfoliation. Finish up with a soothing application of a cooling or hydrating mask and more warm towels.

45min \$195

### FOOT TREATMENT

Kick off your boots and relax in our massage chair while we pamper your feet and calves with a hot soak, scrub, and massage with seasonal oils or butters. Your feet are then wrapped in warm paraffin booties while you relax with a warm neck pack.

45min \$195

### HAND TREATMENT

A relaxing, light dry brushing to stimulate lymphatic flow, followed by a hand and arm massage with our proprietary blend of jojoba oil, prickly pear seed oil and Texas Hill Country-sourced lavender and cedar essential oils. Finish up with a warm neck wrap, eye pack and paraffin mittens.

30 min \$135